HEARTBEAT

Human Life Services Quarterly Newsletter

Fall 2026 – Volume 41 – No. 4

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From the desk of

Leona Rega

Executive Director



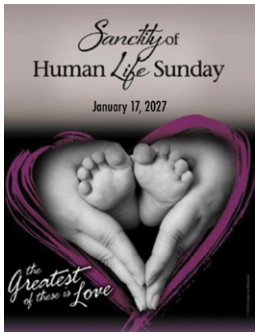
The needs of pregnancy center work can seem endless and overwhelming. The circumstances of our patients and clients can be heartbreaking. Resources are often stretched. Staff are accomplishing their job while covering jobs of other staff who are on vacation; they are training new staff while trying to keep up with their own tasks. *And* then there is that non-life choice which can crush our spirits.

But God reminds us of something powerful — **He sees us!** What an incredible picture of our God. He scans all the earth intently looking for hearts that are fully His. He is not searching for perfection, position, or greatness, but looking for hearts that are fully committed to Him. He sees the staff member who answers a difficult phone call with compassion. He sees the advisor who meets with a new frightened patient. He sees the nurse who provided an ultrasound while the mother did not want to see the baby on the screen. He sees the volunteer who works diligently in the baby boutique arranging clothing. He sees the donor who quietly gives because they believe the unborn baby is God's creation. He sees and knows that *together,* we are fighting the evils of this world with the gifts He has given us.

We may not always know the outcome of an unplanned pregnancy. We may never know how a simple act of kindness changed the direction of a family's story. We may not see the fruit of the seeds we plant today. But God does. And this promise is even greater than knowing He sees us: **He desires to strengthen us.** The work is His, the mission is His, and we do not have to carry it in our own strength. When our hearts are committed to Him, He meets us in our weariness and gives us what we need to keep going.

As we come to the end of another year, I keep coming back to this powerful promise and it is so very encouraging to me. *When you support Human Life Services you are doing more than making a financial contribution — you are responding to the prompting of a God who sees. You are saying, "Lord, use what you have given me to make a greater impact in support of life-affirming care right here in my community."* Prayerfully consider how He may be leading you now. Your end-of-year gift reveals our impact, too. You see the value God has placed on the life of the unborn child.

I sincerely thank you for your prayers, support, and faithfulness to this ministry. God sees and uses you in many ways and we are truly blessed!



We invite your church to participate in a national day dedicated to celebrating truth in the knowledge that human life begins at conception! And Human Life Services is here to provide life-affirming options while walking alongside those who need extra support. Church support is pivotal and impacts the lives of those we serve every day!

Ask for ***free*** bulletin inserts, an HLS video, begin a Baby Bottle Boomerang fundraising campaign (we'll provide the bottles), or book an HLS Speaker. For more information please call 717-854-7615 or email HLS@humanlifeservices.org.



HEARTBEAT is published by Human Life Services, Inc., a private, non-profit organization. Human Life Services is an affiliate of NIFLA and Heartbeat International. Comments, letters, and donations are always welcome. To read past issues of our newsletter, please visit our website at www.FriendsofHLS.org and click on "News."

MISSION AND VISION STATEMENT

Human Life Services is a life-affirming, Christ-centered pregnancy care organization, serving York through medical services, peer counseling, education, and community referrals. Human Life Services affirms all life and strives to make abortion unthinkable through the love and compassion of Christ and His Holy Word.

www.FriendsofHLS.org



Please visit our website for more information or to make a donation.

Hope for Life, the SperaVita Way

We officially launched the SperaVita Method July 1; however, we had started to test changes to the process mid-June. From that time until now, we have seen God at work. As appointments flowed, so did the life-affirming decisions; 27 known babies saved between then and now, *praise the Lord!*

We often see God at work in ways that are difficult to put into words. Sometimes, we catch a glimpse of His faithfulness through a conversation, a moment of courage, or a heart that discovers hope in the middle of uncertainty. These are the moments that remind us why this ministry matters, and why your support makes such a lasting difference. We want you to hear a few of these stories, shared from the hearts of those whose lives have been touched by your generosity.

This Summer, Carly chose life for her child after experiencing some truly tough times. With other children at home, financially she had nothing. To feed her children, she succumbed to a life of prostitution. To compound her dire situation, she became pregnant and the father is not in the picture. Through a community referral, she found herself asking HLS for help. Today, she participates in our Care Program, receiving educational classes, much-needed material support, and valuable connections to other community resources. Most importantly, she is learning about Jesus, asking questions and enjoys being discipled. She has left her old life behind and is on a new path! YOU helped to make this transformation in her life possible!

When Jocie and her boyfriend discovered she was pregnant an abortion seemed like an inevitable conclusion. He had just quit his job, and she was transitioning from one job to another. Yet, this decision weighed heavily on her heart, and she confided in a family member who recommended she schedule an appointment with HLS. During that appointment she learned that she had family support should she choose to parent her baby. We offered her not 1, but 3 different opportunities to have an ultrasound. In each visit, we helped her see that she had support through pregnancy and birth from family, her boyfriend and through our material support educational classes. Today she has established care with an OB doctor and thanks us for the free support she was able to receive when she needed it. YOU made sure HLS was here when needed most!

New in their relationship, Sonya and her boyfriend found themselves facing an unplanned pregnancy. While he was supportive of her choosing to have the baby, he did not know how to verbally share his support with her. He found himself telling her that it was her choice and he would support whatever decision she made. Contemplating an abortion, she found HLS while searching "abortion options near me." This single search led her to connect with our 24/7 nurse-scheduling line. Arriving with her mind set on talking about her desire for abortion, she was offered an ultrasound to confirm her pregnancy. That first glance of the heartbeat on the screen changed her mind. Today, she and her boyfriend are excitedly waiting to welcome their baby. YOUR support directly provided life-affirming medical care which empowered her to choose life!

THE HLS TEAM

Implementing SperaVita has brought quite a bit of change to our staffing team. Several of our staff accepted new roles, and we hired two more staff to fill the vacant positions. Our team thanks you for your prayers, love, and support offered to us, the patients we serve, and the clients we walk alongside.



From left to right, Jane/Admin. Office Assistant, Heather/Fundraising Admin., Lori/Client Services Coordinator, Espe/Patient Resource Coordinator, Leona/Executive Director, Danielle/Patient Resource Manager, Emma/Patient Resource Admin. Assist., Heidi/Nurse Manager & Ali/Office Manager.

PRAYER REQUESTS



- Pray for our upcoming post-abortion healing class and for the hope it offers.
- Pray for our team as we continue to train new staff and work through the SperaVita process (strengthening both our Samaritan and Innkeeper work).
- Pray for those facing unplanned pregnancies and seeking abortion. May they find us first.
- Pray for women who are undecided after their appointments ~ may the truth shared with them allow God to stir their hearts to choose life.

"Devote yourselves to prayer, being watchful and thankful."
Colossians 4:2

2026 Fall Fundraising Banquet





What a powerful evening! Our Annual Fall Banquet took place on Friday, October 9th at the Wyndham Garden York, as HLS hosted approximately 400 guests! What a beautiful evening it was, sharing all the ways God has moved within our ministry over the last year. Many thanks to our Keynote Speaker, Mr. Ryan Bomberger, for his powerful testimony and message on the "Beauty of Possibility" that challenged us. And we can't forget to also express our gratitude to all our faithful volunteers that make the evening possible.

Each year, the generosity of our supporters helps us continue providing compassionate care, medical services, education and practical support to women, men and families throughout York. Were you unable to attend the Banquet? Consider contributing an end-of-year gift with the enclosed giving envelope!

We would also like to express our deepest gratitude to the following individuals, churches, and businesses who helped to financially underwrite the cost of the Banquet. We thank God for all of you for partnering with us for Life!!!

Aldersgate Church
Richard & Sally Altland
Beacon Law
Betsy's Bookshelf
Church of the Open Door - East, West & Dallastown
Citylight Church Dover
Complete Quarry Services, LLC
Covenant Insurance
Crosspointe Church (formerly Dover Assembly of God)
DOCEO
DRS Printing
Julian & Esther Dunnick
Eastside Bible Church
Faithward Advisors
Fink & Company, P.C.
First National Bank
For the Bride Ministries
Friends of HLS
Friends of New Life Bible Church
Friendship Community Church
Grace Baptist Church of York
Greater York Baptist Church
Hanover Auto Team
Vickie Hash
Heritage Lawn & Landscape Care, Inc.
Iglesia Cristiana de York E.C.
Mason Dixon Baptist Church
Peggy Meadows
Menges/Parthree
Mr. Jacob Miller
Miller Plant Farm
New Covenant Community Church
Providence Presbyterian Church
Pro-Life of York County
S & S Precision Tool, Inc.
SSP Custom Sound, LLC
Saint Paul's Lutheran Church
Don Sanders & Gayle K. Sanders, Realtor,
ABR, ASP-RE, of Berkshire Hathaway Homesale Realty
Suzanne Saunders
Seely Construction
Sentry Fire Protection, Inc.
Dan E. Snook, Lawn Care
St. David's EC Church - Joint Heirs Class
St. Peter's, A Bible Church
Bill & Jane Stegall
Stewartstown Baptist Church
Sweitzer's Fencing Company
Eric & Heather Van Dyke
WDAC 94.5 FM
Darrell & Lindi Williams
Bob & Julia Winters
Ron & Linda Workman
York County Republican Committee

Note next year's Banquet Date and save it in your calendar: Friday, October 1, 2027 at Wyndham Garden York!

Save the Dates for 2027

GIVE LOCAL York
MAY 6 & 7
Human Life SERVICES

"Give Local York" 2027 will **begin at 9 p.m. on Thursday, May 6, 2027 and run through 11:59 p.m. Friday, May 7, 2027!** GLY is our largest fundraiser, so mark your calendars now. Watch for more details to come in future newsletters, on our website, through Facebook and Instagram posts.

15th Annual Golf for Life Tournament

Tuesday, June 22, 2027
Heritage Hills Golf Resort

SAVE THE DATE

Watch for more details on sponsorship opportunities, registration, and the new Mini-Golf Fundraiser!



What a privilege it is to take what God has placed in our hands and offer it back to Him through the lives we touch. Our service becomes an act of worship, our generosity becomes an expression of gratitude, and our willingness becomes an opportunity for God to work through us. **We may feel what we have to give is a little offering; God sees an opportunity to make a lasting difference.**

Here are some incredible ways God's been at work in 2026:

- **Nurse Manager was hired full-time.**
- Updated **Website** for patients and **provided Spanish pages** on services.
- **4 staff** were trained in the **SperaVita Method,** and we began **implementing** the process on **July 1!**
- **2** more **staff members** were **added** to our **team** as we grow.
- **Served** over **350** new **clients** this year.
- **77 Babies** have been **born** so far this year & **45 babies** have been **saved** so far this year.
- **Continued the use of a 24/7** nurse chat and **schedule line** for patients, serving more women.
- **3 men** were served through the **Determined Dads** mentoring group.
- Attended **9** community outreach/school events and visited **16** churches, meeting over 6,485 people.
- **1 woman** was provided the **abortion pill reversal** services and that **baby was born** in September!

In 2027, your gifts will help us continue the meaningful work we have been accomplishing. Additionally, you can help lay the groundwork as we see a need for a second building to accommodate all the patient and client needs before us.

- **$15,000** - Reaching Generation Z & Generation Alpha (secular radio & digital platform advertising)
- **$ 8,400** – Billboard Advertising
- **$13,500** – Supports 1 year of new staff while we launch programs (this is a program match)
- **$10,000** – Building Fund
- **$ 5,000** – Client Materials/Supplies used in our Care Program
- **$ 2,500** - Determined Dads curriculum and meals for enrollees
- **$ 2,500** – Sexual Integrity Curriculum for youth
- **$ 2,100** – New HIPAA Compliant Patient Database
- **$ 2,000** – 24/7 Nurse Schedule Line
- **$ 1,800** – Educational materials and brochures on services available
- **$ 800** – Baby Onesies for newborns in our educational classes
- **$ 500** – Bibles for clients at HLS & the York Youth Development Center

What God has begun, we believe He is continuing to build—and your partnership is part of that story. As we come to the close of another year, we can't help but look back with grateful hearts at all God has done.

To make your end-of-year gift, use the enclosed envelope, ensuring we have it **no later than December 31,** or **online at** www.friendsofhls.org and click "DONATE." **We most humbly thank you for supporting the mission and work of Human Life Services through your generosity!**

Welcome New Staff



Join us in welcoming Emma Greene to the HLS Team! Emma interned with HLS this summer, and in early September, officially stepped into the important role of Patient Resources Administrative Assistant. She will be the first voice and face a patient connects with when seeking our services.

Emma's primary roles are receptionist, scheduler and following up with each patient. She will walk alongside them from the first point of contact, through connection to valuable resources, both internally at HLS, and within the community. One of Emma's vital responsibilities will be helping to determine an outcome for those whose first intention was abortion. As Emma steps into this role, team member Esperanza Trevino will transition to be our Patient Advocate Coordinator.

Emma shares, "I grew up attending Genesis Church, where I learned from a young age that human life begins at conception. When I was 15, I was first introduced to Human Life Services and its mission through my church. From that moment, I knew it was an organization where I wanted to serve and allow God to work through me to show His love to women facing difficult circumstances. I deeply appreciate Human Life Services' mission to help women learn to love and trust God, and themselves, during challenging times. My favorite Bible verse, Exodus 14:14, says, 'The Lord will fight for you; you need only to be still.' This verse reminds me to trust God and allow Him to lead, especially during difficult seasons. I look forward to working alongside the amazing team at Human Life Services and having the opportunity to show God's love to every woman who walks through their doors."

How You Can Support HLS

Uniquely Made by God

At HLS, we love to shower our clients with Christmas gifts... and here is a way you can join in the fun!

CLIENT CHRISTMAS GIFT BOXES

The following items are still needed to fill our client gift boxes:

- Prego Alfredo Sauce 22oz. jars -22
- Barilla Snowflake Pasta 12oz. - 12
- Snowman crochet doll - 10
- You Are Wonderfully Made Book -10
- Snowball toys - 2 packs
- Snowflake Ornament -9
- Snowflake Pen set - 2 packs

Shop here!

We also welcome ANY NUMBER of $25 Giant gift cards, which will be given as gifts in their Christmas box .

DONATIONS DUE BY NOVERMBER 30TH

ALL items and gifts donated to either program must be NEW. For more information please call Lori at 223.848.8273.



Planned Giving & Appreciated Stocks

Have you considered leaving a legacy that preserves and honors life? Did you know that you can gift your appreciated stocks to our ministry? Explore opportunities for tax-wise giving today. Their tomorrow is made possible through your gifts. For more information contact your financial advisor for guidance. Need help, we can connect you with our partners. Email: office@humanlifeservices.org

Support HLS through Community Aid!

CommunityAid THRIFT STORE AND DONATION CENTER

Do you have clothing, shoes, and household goods you no longer want and wish to clear out of your way? Consider dropping them off at a Community Aid Store! Provide them with the HLS code

50146

and we will receive $0.13 per pound for all items you drop off.

A few locations are:

- Queensgate Shopping Center 2001 Springwood Rd., York, PA
- 793 Baltimore St., Hanover, PA
- 31 Rohrerstown Rd., Lancaster, PA
- 4833 Carlisle Pike, Mechanicsburg, PA



Does your company participate in a matching charity funds program?

Check with your HR department to find out if your contribution to Human Life Services can go even further!