HEARTBEAT
Human Life Services Quarterly Newsletter
Summer 2026 – Volume 41 – No. 3

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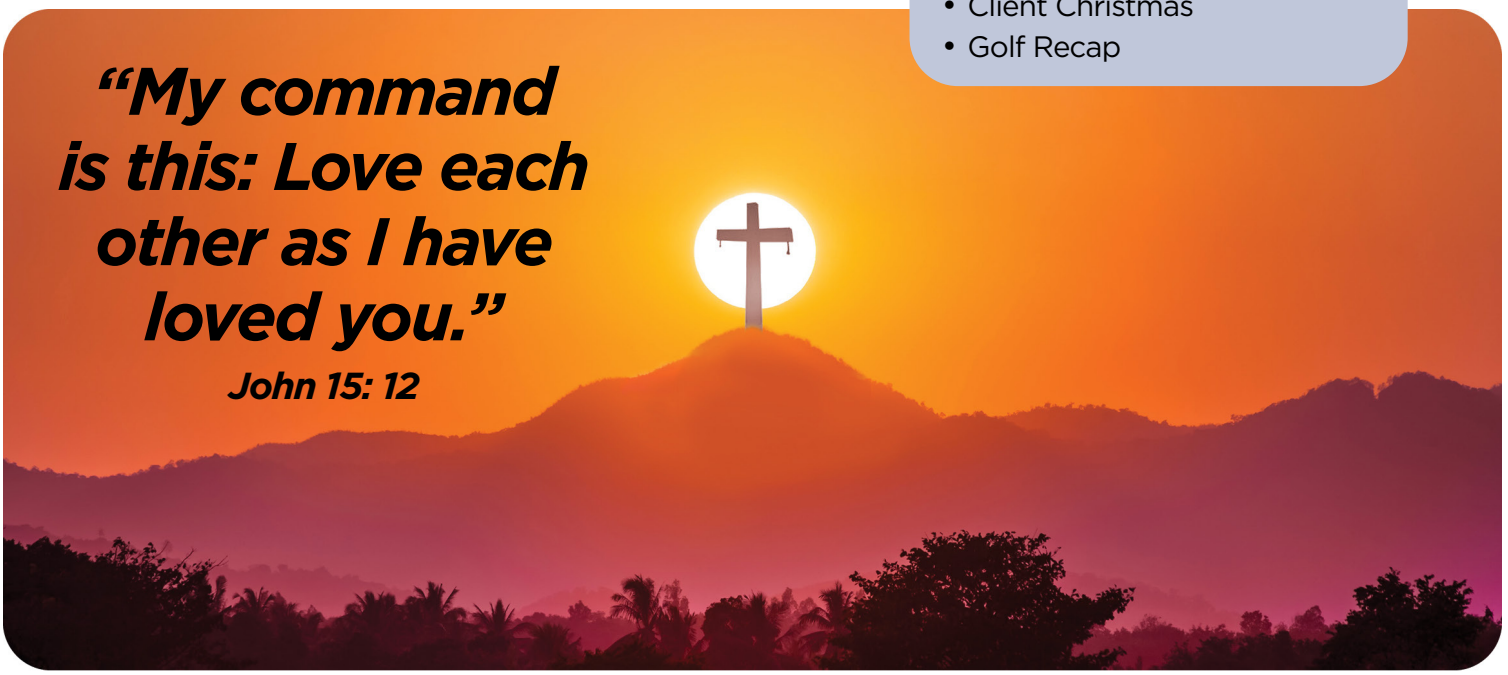


HEARTBEAT

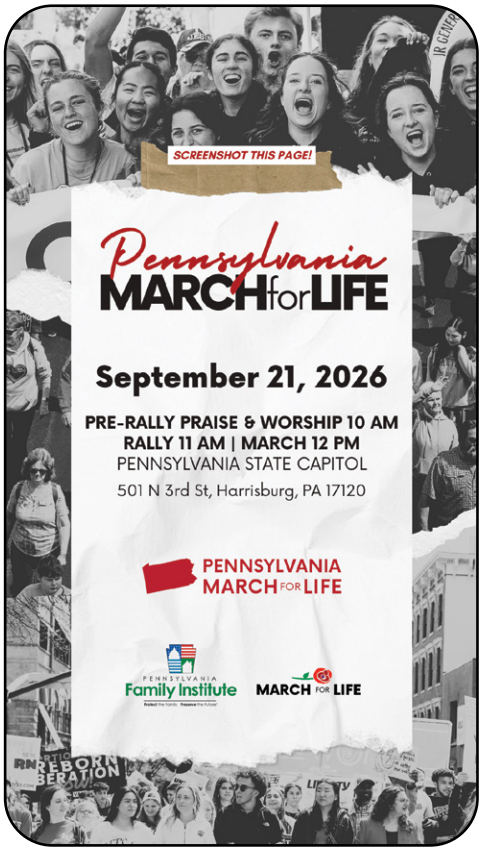
Human Life Services Quarterly Newsletter

From the desk of

Leona Rega

Executive Director





It is healthy for every ministry to periodically pause and evaluate its mission—even when that ministry is thriving, growing, and serving more women and men facing unplanned pregnancies than ever before. Seasons of reflection allow us to celebrate what God has done while honestly asking important questions: Who are we not reaching? Why are they not being served? How can we continue to expand our services while intentionally growing from a good ministry into a great one—one that reflects the highest standards of excellence and faithfully answers God's call?

This past June, our nurse, client services manager, client services coordinator, and I had the privilege of attending SperaVita's Pregnancy Center training. This was not simply another conference. It was an opportunity the Lord placed on my heart during my first year as Executive Director, four years ago. As with so many things, however, God's timing proved to be perfect. The training was both challenging and inspiring. Every aspect of our ministry was thoughtfully examined with one purpose in mind: equipping pregnancy centers to more effectively reach, serve, and disciple abortion-minded and abortion-determined women with excellence, compassion, and the hope of Christ. There were many moments throughout the week when we simply looked at one another in amazement. Our minds raced as we realized that the process and ministry model being presented aligned so closely with what we had been praying God would show us. At the same time, we wondered how we could possibly return home and implement such significant changes while continuing to provide uninterrupted, high-quality care for every client/patient who walks through our doors.

Our days at SperaVita were full. Each morning began with devotion and prayer as a team. We spent hours in classroom instruction, observed patient appointments, filled pages of notes, reviewed our learning tracks late into the evening, and prayerfully planned our first steps for returning home. Every conversation, every decision, and every plan was covered in prayer.

We were honest with one another about our fears and the challenges that lay ahead. Yet through it all, we remained united in purpose. We were reminded that God, in His sovereignty, assembled this team for such a time as this. That truth brought tremendous peace and renewed confidence. One morning during our devotional time, we made a commitment: no matter the obstacles or the sacrifices required, we would stay the course, trust Christ completely, and rely on His strength to accomplish the work He has called us to do.

As we begin sharing these exciting changes with you in the weeks and months ahead, we ask for your continued partnership. We need your prayers as we faithfully implement this new vision. We invite you to serve alongside us as opportunities arise. And we ask you to prayerfully consider investing financially in this next chapter of ministry.

Your prayers, your hands, and your generosity make this work possible. Together, we can serve more women and families with compassionate care, unwavering truth, and the life-changing hope found only in Jesus Christ. *Thank you for believing in this ministry, for standing with us, and for joining us as God leads us into this exciting new season.*

HEARTBEAT is published by Human Life Services, Inc., a private, non-profit organization. Human Life Services is an affiliate of NIFLA and Heartbeat International. Comments, letters, and donations are always welcome. To read past issues of our newsletter, please visit our website at www.FriendsofHLS.org and click on "News."

MISSION AND VISION STATEMENT

Human Life Services is a life-affirming, Christ-centered pregnancy care organization, serving York through medical services, peer counseling, education, and community referrals. Human Life Services affirms all life and strives to make abortion unthinkable through the love and compassion of Christ and His Holy Word.

www.FriendsofHLS.org



Please visit our website for more information or to make a donation.

UNIQUELY MADE BY God

At HLS, we love to shower our clients with Christmas gifts...
and there are *two ways* you can join in the fun!

OPTION 1: CLIENT CHRISTMAS BOXES

DONATIONS DUE NOVEMBER 30, 2026

Every year, clients in our Care Program receive a box or basket filled with themed gifts, and this year our theme is snowflakes! By donating some of the items below, you can help bring joy to our clients this Christmas season. In lieu of material donations, we also accept monetary donations in any amount. If sending in a check, please remember to write "Christmas" in the memo section so your donation will be allocated properly.

- $25 Giant gift cards - any number
- Prego Alfredo Sauce - 22 oz. - 20 jars
- Barilla Snowfall Pasta - 12 oz. - 20 boxes
- Snowflake drinking straws - 2 pkgs.
- Snowflake window clings - 20 pkgs.
- Snowflake bubble wands - 20
- Snowflake slipper socks for women - 20 pairs
- Winter wool socks for men - 2 pkgs.
- Toy snowballs - 2 pkgs.
- Snowman crochet doll - 20
- You are Wonderfully Made book - 20
- Snowflake ornament - 20
- Snowflake ballpoint pens - 1 pkg.

Shop here!

Aside from the gift cards and food items, all items must be purchased from our Amazon Christmas Registry to ensure that all clients receive the same high-quality gifts. Shopping our registry is quick and easy; just scan the QR code above! (If code does not work for you, please call our Client Services team at 223-848-8273 to request the link via email.)

OPTION 2: ADOPT-A-CLIENT PROGRAM

SIGN UP BY OCTOBER 22, 2026

Through the Adopt-A-Client program, individuals, families, and churches may "adopt" a client and bless them and their children with Christmas gifts! Tell us what size family you'd like to adopt, and we'll pair you with a client in our Care Program. We'll provide you with the age, gender, and wish list of each family member, then you get to do the fun part...*shopping!* Please wrap and label each gift with the recipient's name.

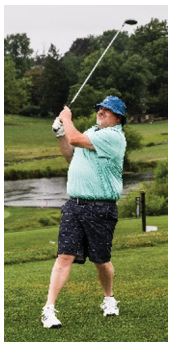
GIFTS MUST BE RETURNED TO HUMAN LIFE SERVICES BY DECEMBER 4, 2026.

ALL items and gifts donated to either program must be NEW. For more information or to sign up, please call Lori or Kelly at 223-848-8273.

Human Life SERVICES

2026 Golf for Life Tournament






We extend our most heartfelt thanks to everyone who participated in and supported the 14th annual Golf for Life Tournament and Silent Auction! Even through the rain, the SON shined His grace and favor on our event. For the second year in a row, Keller Financial Associates walked away with the Corporate Traveling Trophy...congratulations Gentlemen!! We thank our golfers, sponsors, Silent Auction donors, bidders, and volunteers for working together to make these events a success for LIFE! Next June, we hope to again count on your support! As always, our special thanks to Total Golf, Duff & Sue Forsythe for all their guidance and expertise. We are also grateful for the dedication of our volunteers who gathered silent auction items, helped shop for snacks and drinks, prepped materials and cleaned up afterwards. We could not do this event without their help!

SAVE THE DATE FOR NEXT YEAR'S TOURNAMENT AND MINI-GOLF FUNDRAISER: Tuesday, June 22, 2027!

Our deepest appreciation goes to the following 2026 sponsors:

The W. Dale Brougher Foundation – Title Sponsor
Complete Quarry Services, LLC – Presenting Sponsor
York Ag – Ace Sponsor, Shirt Sponsor and Golf Ball Sponsor

Ace Sponsors
DRS Printing Services, Inc.
Forsythe Marketing/Total Golf
Heritage Lawn & Landscape Care
Jacob Miller
Keller Financial Associates
Gayle K. Sanders Realtor, Berkshire Hathaway
Seely Construction
York Ag
York Corrugating Precision Fabrication

Birdie Sponsors
Complete Quarry Services
Faithward Advisors
Katallasso Family Health
Loxley's Restaurant
Nick Strohman
S & S Precision Tool
Trinity Law

Par Sponsor
CPG Recycling
First National Bank
Main Car Care & NAPA

Golf Cart Sponsor
Beacon Law

Hole-In-One
Gayle K. Sanders Realtor, Berkshire Hathaway

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Beat the Pro Sponsor
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Sweitzer's Fencing

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Dan E. Snook Lawn Care
Rev & Mrs. Fred Walthour
West York Street Karz
Wheatlyn Eye Care
WoodmenLife

Patron Sponsors
Betsy's Bookshelf
Pro-Life of York County

Special thanks to the following businesses for their Donations:
Brown's Orchard
Covenant Insurance
Giant Food Stores
Red Lion Beer & Soda Mart
Weis Markets

2026 Silent Auction Recap



We had an incredible 46 packages up for bid this year and raised

$6,978!

Every dollar raised directly supports the services we provide to our clients. A heartfelt thank-you to everyone who generously donated auction items. We are especially grateful to our dedicated volunteers who tirelessly reached out to donors, secured many of our wonderful auction items, and helped make this year's auction such a success!



What's the SperaVita Method and why is it important?

You may be asking, what's the SperaVita Method and why is it important? Using the example of the Samaritan and the Innkeeper, we are implementing a paradigm shift from the traditional pregnancy center ministry model to one that addresses the rising change in the primary method to abort a baby. Visiting an abortion clinic is no longer the norm. As of this newsletter, in York County alone, 54% of women are recorded using medication to administer their own abortion at home, otherwise known as a chemical abortion, marketed as self-managed abortion. Shocking! And, quite honestly, heartbreaking.

For several years, our team has examined the demographics of those we serve and compared them to the state abortion report. Nearly 300 girls aged 15-20 are having abortions here in York on an annual basis. Surprisingly, they represent only 11.5% of our patients. It raised the question, "Why are we not serving more teens and college-aged girls?" Additionally, we know that of the 1,303 women in York recorded as having abortions, over half of them are doing so within the first 12 weeks of fetal development and at least 56% are doing so through the self-managed option. Our methods have been good; our team is seasoned, yet too many abortion-seeking females scheduled appointments with us, and became no-shows. *To effectively engage, we must evolve in our messaging and deliver services in a way Generation Z and Generation Alpha are open to receiving it.* Our need to revise our advertising, communication methods, scripting, appointment environment, and flow within the appointment is key to meeting the mission of the ministry long-term. The new process will ensure consistency among staff and volunteers while maintaining excellence in service through clearly established standards for everyone. Noticeably distinct areas of our ministry ensure we are able to give each one the focus, awareness and passage needed to remain the first place one thinks of when facing an unplanned pregnancy. They are medical services, patient resources, client services, and advancement.

What are the future needs? We have already changed how our current space is utilized, and are evaluating much needed interior renovations which are conducive to a new patient and client flow. A new patient database is being used to better track those we serve from the first contact through follow-up outcomes. Staff are already adjusting to new roles, and we are filling vacant positions. We are considering the need for an additional building. **There is a need for more volunteers who can fill client advisor roles, and that of the new patient advocate.** It will take time to adequately share with you a complete picture of the future of Human Life Services, however, we pray you can visualize the potential capacity we have in reaching and serving those at high risk for abortion. God calls, and we are answering. we invite you to join us in this exciting new era.

From Volunteer to Staff, an Innkeeper's Heart, and God's Amazing Timing



Sometimes we are in awe of how God places us in a holding space, doing His work in one manner, all while He prepares us for something new. Lori Broberg has been a volunteer at Human Life Services for a little over two years. As you read her testimony, you will see how God worked on her heart to pursue a volunteer role with us and now, we welcome her as staff! Please congratulate Lori on her new role as Client Services Coordinator, leading the Care Program, Determined Dads Program, Surrendering the Secret post-abortion healing classes, and client resource connections. Lori will be training under Danielle Besecker who has managed these job responsibilities for the past five years and is moving on to a new role as Patient Resource Manager.

Lori shares, "For as long as I could remember, if someone asked me where I stood on the issue of life, I would confidently say that I am pro-life. I voted pro-life, shared pro-life information, and believed strongly in protecting the unborn. My conviction became even more personal after my first pregnancy ended in miscarriage. That loss deepened my desire to value and protect every life God creates. I believe deeply in one generation sharing God's goodness and faithfulness with the next, as described in Psalm 145:4-6. I also love the picture we see in Titus 2 of older women encouraging and investing in younger women. I learned more about Human Life Services when a young woman I had mentored worked there as a receptionist. Our daughter also completed an internship at HLS while studying Social Work at Lancaster Bible College. I began praying and asking God where He wanted me to serve; where I could continue to use the gifts and passions He had given me. At the same time, I felt the Lord gently challenging me. If I was going to continue talking about my pro-life convictions, I needed to do more than simply express them—I needed to actively live them out. I sought volunteer opportunities at HLS. As soon as the role of a Client Advocate (now Client Advisor) was described, I knew it had the potential to be a perfect fit. It brought together so many things I love; supporting women, building relationships, mentoring, sharing God's truth, and encouraging others through difficult seasons of life. I most enjoy helping women learn about their pregnancies, parenting, healthy relationships, and so much more. I loved celebrating with them as they welcomed their babies into the world and watching them grow through the First Year and Toddler programs. One of the greatest joys is seeing them become more confident as mothers, hopeful about the future. I am grateful for opportunities to pray with them, share the Gospel, talk about spiritual matters, encourage them to connect with a local church, and help them find a supportive Christian community. It is truly a blessing and privilege to walk alongside these women through both the joyful and painful moments of life. I have been continually encouraged by the staff at HLS. Their passion for the mission, their commitment to serving clients well, and their desire to keep the Lord at the center of everything they do is evident every day. Looking back, I can see how God was preparing me for these roles long before I ever stepped through the doors of HLS. It has been a wonderful opportunity to combine my passion for life with my passion for discipleship, and I am grateful for the privilege of serving both the clients and the ministry of Human Life Services."

Annual Fall Fundraising Banquet

When: Friday, October 9, 2026
5:45 p.m. – Doors open
6:30 p.m. – Prayer and Dinner

Where: Wyndham Garden York
2000 Loucks Rd
York, PA 17408

Join us as we reflect on HLS's steps of faith in serving York County for 40+ years! Do you have a passion for the unborn child and desire to share our ministry mission with others? We encourage you to bring a friend! To help underwrite our event, might you consider becoming a table sponsor? Sponsorship allows you to be a table host and fill your own table or graciously donate those seats to another table host.

Table Host / Sponsorship Deadline: September 14, 2026
Individual Attendee Deadline: September 24, 2026

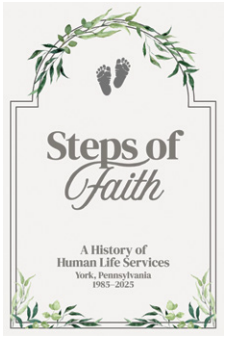
Individual seats, not part of a sponsored table, are extremely limited and may be waitlisted.



Keynote Speaker: Ryan Bomberger

Ryan is a Lancaster native and known throughout the United States as an Emmy Award-winning creative professional, international public speaker, columnist, and factivist. He is the co-founder and Chief Creative Officer of RadianceFoundation.org, a life-affirming organization which illuminates "every human life has purpose." He is one of ten children, who were adopted and loved, in a diverse family of fifteen. As an adoptee himself, he and his wife Bethany adopted two of their four children. As a factivist, Ryan loves creating content that is fearless, factual and freeing. He is passionate about building a culture that values Life in all its stages. His work addresses abortion, adoption, fatherlessness, racism, sexuality, free speech, religious liberty and the War on Common Sense. His work has been extensively featured in the The New York Times, Fox News, MSNBC, Breitbart, ABC News, The Washington Times, The Washington Post, The Christian Post, Newsweek, CNN, Townhall, EWTN, JET, LA Times, Yahoo News, World, and many more news outlets. Ryan has delivered keynote speeches at renowned institutions such as Harvard, Princeton, Columbia Law School, the University of Notre Dame, Ireland's Trinity College, the March for Life in Washington, D.C., the March for Life UK, Capitol Hill briefings, and hundreds of other events in the United States and abroad. You won't want to miss an opportunity to hear him speak!

Table Hosts and Sponsors: Don't miss your opportunity to support life by hosting a table and giving a personal invitation to others to join you for this powerful message. The Fall banquet is our second largest fundraiser of the year, and your guests will be asked to consider a financial gift to our ministry. To learn more, sponsor a table, or register, visit our website at www.FriendsofHLS.org and click on "Events." Have questions, email: hls@humanlifeservices.org, or call 717-854-7615. All are welcome! **We invite you to invite others!**



After a long wait, an electronic copy of the Human Life Services History Book is now available for free online. You can find it at https://friendsofhls.org/news/. We give all glory and praise to the Lord for the countless individuals who have faithfully served throughout our more than 40-year history. Their dedication, compassion, and unwavering commitment have shaped the ministry into what it is today. We extend our deepest gratitude and heartfelt appreciation to Susan Manges, whose extraordinary dedication over more than six years brought this remarkable history to life. With tireless perseverance, she tracked down contact information for former staff and volunteers, conducted countless interviews, carefully preserved personal stories, gathered historical statistics and photographs, and meticulously wove them together into a beautiful and lasting tribute. Through her passion, diligence, and exceptional attention to detail, Susan has created far more than a historical record—she has produced a treasured work that honors God's faithfulness and the legacy of everyone who has been part of this ministry. Susan, we are forever grateful to you! A special thank you to Amy Sherwood who spent months taking the meticulously curated manuscript, and turning it into a delightfully formatted and designed book for readers to enjoy in printed copy or digital. To receive a printed copy, please email: hls@humanlifeservices.org or call 717-854-7615.

PRAYER GROUP



We need your prayers as we implement the SperaVita Process, protection from spiritual warfare, and for the young who believe abortion is their only option, may they find HLS first. Join us monthly for a virtual prayer time. Two different times available to accommodate schedules:

- **1:00pm first Tuesday**
- **7:00pm third Tuesday**

To learn more and receive a link to participate, contact Bob Sieffert, rbsieffert@comcast.net.