HEARTBEAT

Human Life Services Quarterly Newsletter
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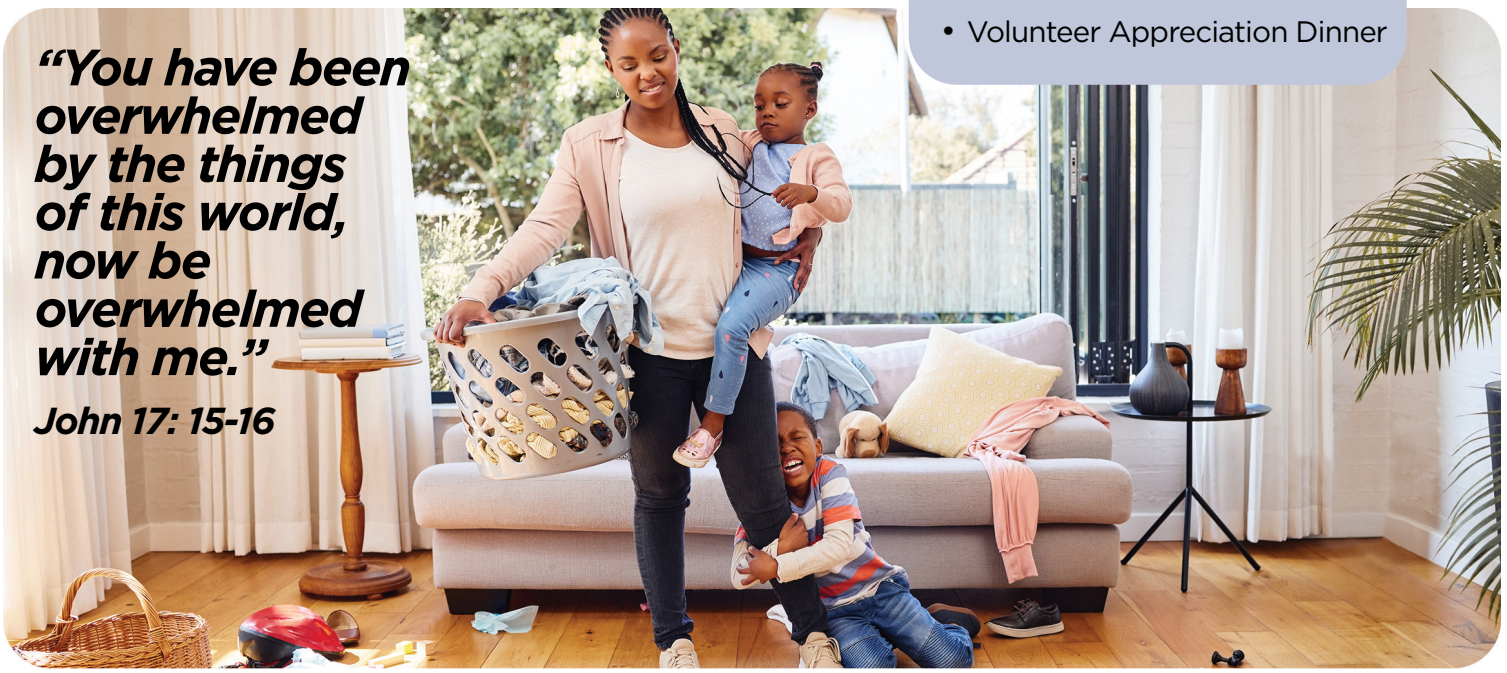

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From the desk of
Leona Rega
Executive Director



As the story goes, when I was 5 years old, my parents were new to ministry. My father, in his final year of seminary, was assigned to his first church (double charge – one in town and one in the country). My parents were eager to serve the Lord. My father's days were long with work, school, and visitation, and my mother worked part-time at the grocery store across the street while caring for me and my 2-year-old brother. One evening as we played, toys were scattered about the living room and piles of laundry were thrown across the furniture. Mom worked on folding clothing, while dad sat in his chair with biblical books, and piles of paper around his legs. Ding-dong, the doorbell rang! My parents were in a tizzy to hide all the things they felt made the house look messy and in just a few moments everything was piled into the coat closet. My father, a gracious man, opened the front door with a big smile, accompanied by the words "Welcome, so nice to see you." In walked his board president and his wife. They were in the area and wanted to make a social call. While the adults talked, I walked over to the closet door, opened it wide allowing the clutter to fall out as I proudly exclaimed, "This is where mommy and daddy hid it all."

While I am sure many of you can relate to the actual situation my parents faced, I often think of our clients trying to hide the emotional clutter that fills their lives. Often in pregnancy center work we encounter people who are stuffing feelings of inadequacy, fear, unworthiness, shame, guilt, and regret into a closet. If they don't see it, they don't need to face it. If others can't see it, they won't ask about it. Admitting you need or want help is truly difficult. It's often hard to say aloud what is hidden inside, yet it's bursting to come out. *Sometimes we need someone else to open the door for us, allowing the clutter to spill out so the Lord can step in.*

At HLS this can be witnessed in medical appointments, life-affirming options counseling, the Care Program, and in Determined Dads classes. **Our clients have been overcome by the things of this world; but just like Jesus, we want them to be overcome with God. John 17:15-17.** We keep Him at the center of our hearts in all we think, say, and do throughout every interaction with clients. We pray, and ask you to pray, for the situations and needs. We share biblical principles with them, and scripture directly from God's Word when they are ready to receive it. If we can take the door off the closet and let Him be present, we can replace that space with knowledge of the truth. God values human life, and He loves us no matter our sins. He longs for us to become one with Him, and He desires to replace all the clutter in our lives with His goodness, spilled on the floor for all to see.

Might you wonder the result of that surprise visit my parents received? Well, they began to frequently open their home to people of the church for dinners and holiday parties while we children played with our toys on the floor, and the coat closet held coats.



Give Local York 2026

Wow! Human Life Services thanks you for your generous gifts during GLY's day of giving April 30th-May 1st. Supporting life isn't limited to one day...it happens every day, and you have been an integral part of this journey!

Together we raised a total of

$206,223.00!

And we eagerly await the stretch pool funds which are added to this total granted on the basis of each unique donor to HLS.

YOU make a bold statement through your giving and shine a light on the value of life for the unborn child, and on mothers and fathers. With our deepest gratitude, thank you for helping us reach women and men, and empowering them with the skills and resources necessary to make a choice for life. Please pray for God's continued leading in our ministry and services.



HEARTBEAT is published by Human Life Services, Inc., a private, non-profit organization. Human Life Services is an affiliate of NIFLA and Heartbeat International. Comments, letters, and donations are always welcome. To read past issues of our newsletter, please visit our website at www.FriendsofHLS.org and click on "Newsletters."

MISSION AND VISION STATEMENT

Human Life Services is a life-affirming, Christ-centered pregnancy care organization, serving York through medical services, peer counseling, education, and community referrals. Human Life Services affirms all life and strives to make abortion unthinkable through the love and compassion of Christ and His Holy Word.

www.FriendsofHLS.org



Please visit our website for more information or to make a donation.

Golf for Life Tournament 2026



Sponsored by:
The W. Dale Brougher Foundation

Tuesday, June 23, 2026
Heritage Hills Golf Resort

9:30am - 11:30am Registration/Driving Range/Putting Contest
10:00am - 11:30am Lunch
12pm Shotgun Start
5pm - 7pm Awards Dinner

Do you own a local business/non-profit or work for one? Consider a Non-golfing Sponsorship! Join many others in support of life. We want to showcase your business on the Heritage Hills greens to our 144 golfers and over 25 volunteers. You may find some new patrons or partners yourself!



For more details, visit www.FriendsofHLS.org and click on "Events." There, you will find our full Golf Brochure and Sponsorship Details.

Power Packages are available to purchase now! They include 2 Mulligans, 1 Power Drive, 1 Beat the Pro and 1 Skills Challenge. Cost: $25 (value of $40) If purchased individually, each is $10.

Returning this year is our stunning glass corporate traveling TROPHY!! Only Corporate-level Sponsored Foursomes are eligible!! Let the fun begin!

***Note: Sponsorship deadline is May 20th and Individual Golfers must be registered by June 16th.**

Silent Auction

Not a golfer? You can still support us during the Golf for Life Tournament via the Silent Auction!

The Auction coincides with the GFL Tournament. Look for exciting items, gift baskets, gift cards, event packages, and more! Use the Bidding Owl app and be notified if you are outbid. ***Bidding begins online on June 6th at 8am and ends on Golf Day, June 23rd at 6pm.*** All are welcome to bid.

Want to donate an item(s) or service(s) to the auction? It's not too late! Contact us by June 2nd with your donation.

For more information, please call HLS at 717-854-7615, or email us at hls@humanlifeservices.org.

Save The Date!

Annual Fall Fundraising Banquet

Friday, October 9, 2026 @ 6pm
Wyndham Garden York, 2000 Loucks Rd, York, PA 17408
Keynote Speaker: Ryan Bomberger



Join us! Hear how God is using HLS throughout the York community along with the powerful personal story of Ryan Bomberger. Ryan's full bio is shared on the event page of our website, https://friendsofhls.org/events/.

For more information on Table Sponsorship or Program Book advertisements, please call 717-854-7615, or email hls@humanlifeservices.org. Registration for the Banquet begins August 2026!



Pennsylvania March for Life 2026

MARCH FOR LIFE

The HLS Staff will join with thousands of others for the 6th annual PA March for Life on

Monday, September 21, 2026 at the Harrisburg Capitol

Come march with us around the Capitol, pray for our government leaders and be encouraged to continue in the fight for Life. We hope to see you there!!

PRAY FOR:

- HLS Team training at the SperaVita Institute June 1-4
- God's wisdom on serving abortion-determined clients
- Summer outreach programs
- Upcoming Youth outreach at Martin Memorial Library

Client Corner

Danielle Besecker
Client Services Manager



We are just coming out of Volunteer Appreciation week, and I wanted to recognize a few volunteers who have stepped up in a big way: Tammie Gladfelter, Janet Miller, Kami Link, and Andrea Speckhals. These ladies received extensive training in options counseling, and when we had staff who were not available, they would step in. As you can imagine, this is one of the most important services we offer, and these women have answered the call to be involved in, what can be, a very heartbreaking appointment! Women and men contact us who are afraid and overwhelmed thinking they have no other choice—maybe there is no family support, or they haven't even told their families yet. The world is telling them, "Here are your options, but abortion is the best thing to do, and it is safe." It also says it is easy, and they can live a normal life without the hardship of having to take care of a baby. The world doesn't tell them they will carry that pain and guilt forever in their hearts, or that it may affect every relationship and decision moving forward. Did you know that one of the greatest concerns our clients have regarding giving birth is, "Will he be there for me, or does this mess up our future plans?!" Our options counselors show them love and compassion, listening to their fears. Sometimes sharing their own past traumas, which helps show them we, too, have had messy lives, but there is hope, and together we can overcome these obstacles. They go over Parenting skills, community resources, and offer support, which includes both material (diapers, formula, etc.) and mentoring. Explaining there are couples who would love to have a baby and can't...how adoption has become easier to navigate. Abortion—we give them knowledge and information on what to expect, depending on the trimester they are in. Whether they are 14 years old or 40, they know we are here for them no matter what they decide. If needed, we offer a post-abortion healing class that runs quarterly. These appointments are hard and take an emotional toll on our volunteers and staff. Please keep praying for us!

To these dear friends of ours, we would like to thank you for giving up your time, rearranging your schedules, and being there for these important appointments that truly are life or death. Remember what He says in Deuteronomy 31:8, "The Lord himself goes before you and will be with you; He will never leave you nor forsake you. Do not be afraid; do not be discouraged." As we pray before these appointments, know your words are His, and He can move mountains. We have doubled the number of babies saved this year and you helped us do this!! Praise God... we give all the glory to Him!

Volunteer Appreciation Dinner





A *BERRY* big THANK YOU to all of our Volunteers!!! On April 21, we had an amazing turnout at our *berry*-themed Volunteer Appreciation Dinner with 85 people in attendance! We are so thankful to York Alliance Church for allowing us to use their space for these annual dinners. Thanks to our faithful volunteers, HLS continues to grow and thrive, reaching even more men and women with our services and sharing the love of Christ with them. They give up their time and talents to support HLS as many hands make light work! Thank you for *picking* HLS! You truly are family and we value and love you all so *berry* much!!

Baby Bottle Boomerang

We are in awe of how the Lord is providing and the generosity of his people through participation in the Baby Bottle Boomerang fundraising campaign! Your coins and dollars all add up, and directly support our clients- mom, dad, and baby. So far this year, this campaign has already brought in

$38,941.75!!



If you, your church, or community group would like to participate in our Summer BBB campaign, please call Jane at 717-854-7615 (Ext. 127). HLS Volunteers do all of the work of coin counting!