

In This Issue

- Executive Director Letter
- Prayer Requests
- Save The Dates
- Prior Year Statistics
- Client Corner



 **Partners
for Life,
One Heartbeat
at a Time**



From the desk of
Leona Rega
Executive Director



Decision making is a large part of our day. From the moment we open our eyes we make decisions. Some very small, and others much more life-altering. Even those with the strongest of faith can find themselves pressing pause in a state of confusion, fear, and indecisiveness. As Christians, those impactful decisions are tough and we seek the counsel of friends and family, but most importantly, God. He is our go-to and His word is our compass. Our decisions are often made utilizing our faith-based values, scripture, gained wisdom, and prayer. Lots and lots of prayer.

But what happens when individuals, with little to no understanding of how to rely on God in their decision-making process, are faced with an unplanned pregnancy? Most often the world becomes their counsel, and it is ready to provide abortion as the best

option. In York County, and only steps from Planned Parenthood, stands Human Life Services. This is God's design, and He is at work! We are His hands and feet, and we are ready to shine His light and expose them to the healing power of Christ. We are here to help.

Options Counseling is one of the most important aspects of our ministry. After pregnancy is confirmed, everything a woman feels, including a list of obstacles to raising a child, is shared in privacy. She can cry and pour out her deepest fears, shame, and concerns. Her counselor tenderly provides educational information on all her options - parenting, adoption, and the risks of abortion to all aspects of her health. The client can ask questions and learn about the development of her baby in the womb. It's an opportunity to see the heartbeat through an ultrasound. It's a time we can introduce God's ability to free them from all their fears! ~ Isaiah 43:1

You see, it is our vision to affirm all life and we strive to make abortion unthinkable through the love and compassion of Christ and His holy Word. It is our desire that no woman ever need to experience the pain of an abortion again. For many women, the memory of an abortion will never leave them. It may be unspoken. The memories may be suppressed, but, in the back of one's mind, a child they never knew is thought about. This can torment some, and studies show that it can lead to a lack of self-worth, addictions, prohibit future healthy relationships, and more. It is why we offer post abortion healing classes.

To help meet our vision, and as we look to our future after 39 years of service in York County, we embark on a large-scale renovation project that will increase our footprint and provide more room for Options Counseling, medical services, and designate a special space as an Educational Resource Room for parents and their children.

You can help make this project possible by donating during Give Local York on May 2nd at 9pm through May 3rd at 11:59pm. Every dollar ensures HLS is meeting the needs of York County and surrounding communities. Please pray for God's leading and guiding of this endeavor. To learn more about this project, and how you can support these efforts, visit our website at www.FriendsofHLS.org.

Did You Know?

The baby's heart begins beating at about 21 days of gestation and will beat 54 million times before the baby is born.



**LIFT UP THE WORD
LIGHT UP THE WORLD**

2 SAMUEL 22:29-31

THE 73rd ANNUAL
NATIONAL DAY OF PRAYER
THURSDAY, MAY 2, 2024



PRAYER REQUESTS

Want to receive immediate prayers/praises and eliminate email? HLS has added HopeSync which allows TEXTING. Use this link www.PrayForBabies.com/HLS to sign up. It is as simple as clicking SUBSCRIBE, adding your information and checking the box for ALL PRAYER REQUESTS.

Prefer an email blast or want to join our HLS prayer team. Call 717-854-7615 to get the details.

We thank you for your love and support through prayer!

HEARTBEAT is published by Human Life Services, Inc., a private, non-profit organization. Human Life Services is an affiliate of NIFLA and Heartbeat International. Comments, letters, and donations are always welcome. To read past issues of our newsletter, please visit our website at www.FriendsofHLS.org and click on "Newsletters."

MISSION STATEMENT

Human Life Services is a life-affirming, Christ-centered pregnancy care organization, serving York through medical services, peer counseling, education, and community referrals.

www.FriendsofHLS.org



Please visit our website for more information or to make a donation.

Save the Dates!

For more information on these events, please call 717-854-7615, or email hls@humanliveservices.org. You can also visit www.FriendsofHLS.org/events for details on golf and banquet sponsorship opportunities, registration, and details of the silent auction.

Give Local York

May 2nd @ 9pm through May 3rd @ 11:59pm

In a single 24hr period you can help Human Life Services meet our goal of raising **\$175,000**. Monies raised at this year's event directly support 100% free services to our clients AND the development of the **Educational Resource Room** for clients. This expansion meets community needs by providing additional rooms for medical appointments while providing ADA accessible space for counseling and material support.

Why give through GLY?

Each single donation counts toward the stretch pool. The more individuals who donate, HLS receives a larger percentage of the stretch pool. Ask the entire family to join in a gift personalized from them. No amount is too small.

How to give...

1. Donate online between 9pm May 2nd through May 3rd at 11:59pm. Visit www.FriendsofHLS.org and click the "Donate Now" button.
2. Make a donation by mailing or hand-delivering a check to HLS (742 S. George Street, York, PA 17401). This donation must be received by HLS between **April 1st and May 3rd**. You must write "**GLY 2024**" on the check memo line.



12th Annual Golf for Life Tournament & Silent Auction

Sponsored by: The W. Dale Brougher Foundation

Tuesday, June 25, 2024

9am Registration, 11:30am Shotgun Start

Heritage Hills Golf Resort

Sign up as an individual or form a Team. Space fills up quickly!

Corporate Sponsorships available!

Golfer and Non-golfer packages available.

Help us raise funds to support our Educational Resource Building Project!

For the second year, HLS will also be offering an on-line Silent Auction for the community that coincides with the Golf for Life Tournament! You can bid from anywhere using the Bidding Owl auction website.



Annual Fall Fundraising Banquet – NEW LOCATION

Friday, October 11, 2024 @ 6pm

Wyndham Garden, 2000 Loucks Road, York

Keynote Speaker: Kelly Lester

Kelly's story is one that covers so many difficult and painful topics in our world today. Several abortions, child molestation, raped as a teen, drug dealing, eating disorders, homosexuality, pornography, prostitution, and even working in the clinic where she had her first abortion. But beauty triumphs from the ashes, and Kelly is a testament to how God can clean all the dirty parts of a painful life story and make it brand new.

Full bio found at www.FriendsofHLS.org/events.



Thanks to you...In 2023

- 12 babies were SAVED!
- 28 babies born...14 of those were in our Care Program!
- 175 clients received Pregnancy Tests and Ultrasounds!
- 26 clients came in for STD testing!
- 3 women completed our post-abortion healing class!
- 162 sexual integrity lessons were presented at the YDC!
- 1,151 total appointments were kept by clients for medical services, as well as classes in our Care Program for our moms and dads!
- 29 clients were adopted in our Adopt-a-Client Christmas program!
- 33 individuals/groups gave towards our Christmas programs including donating items for the Star themed gift boxes given to our clients!



In the first 6 months of 2023, 511,000 abortions were performed across 36 states and DC. Pennsylvania ranks 8th in the entire United States. York County ranks 4th in the state for the most abortions. Pregnancy centers like HLS, helping to empower women and men in a decision for life continues to be a great need. There is still lots of work to do! Thank you for supporting us, together we will make a difference!

NEEDS

Our client and volunteer needs change rapidly. For the most up-to-date needs, visit www.FriendsofHLS.org/get-involved/. Here you will find items and service opportunities.

Become an ambassador for life today!

Client Corner

Danielle Besecker
Client Services Manager



The Christmas season is a very busy time of year. Preparing can be fun and exciting, but we know for some people it can be sad, overwhelming, and lonely. With the help of 20 donors, we were able to give hope to the clients who were adopted this year in our Adopt-A-Client Christmas program.

You may not know this, but we welcome clients of all ages. No matter what stage of parenting they are in, we are here to help. This year God sent us a few different types of opportunities to help clients. These clients are not young or unmarried, but they each had a great need for our services.

A newly married couple came to us late in their pregnancy needing support and knowledge. Praise God we were able to start them in classes right away. Their baby girl was due after Christmas, but their little blessing surprised them with instant joy three weeks early. She was an added present under the tree this year, along with the gifts they received from being in our Adopt-A-Client Christmas program. They have continued to come weekly and learn through our infant first year classes.

Another client, Denise, age 40, was in tears as gratitude flooded over her when receiving the gifts for herself and her children through the Christmas program. Denise ran from a domestic violence situation that led her to a place where she was unable to see her children and desperation kicked in as she sat in a local shelter. Thank God the shelter suggested she “get out and do something.” This led her down

the street in our direction while getting some fresh air. She stopped outside our building and searched the internet to see what services we had to offer. She debated if she should call us or even come in as she was not a new mom. We welcomed Denise and immediately showered her with empathy, love, and compassion for the challenges life was throwing her way. She enrolled in our toddler classes and met weekly with an advocate who listened to her and mentored her during her difficult journey. Denise knew God sent her to HLS and finally had a glimpse of hope while prayers washed over her family. She was able to get out of the shelter with her newfound hope and started working again to provide a new life for her children. As a parent of two older teens, and now two toddlers, Denise was surprised by how much she appreciated her experience at HLS. “I never thought I would enjoy talking to a stranger or even desire to come to classes,” she said. Seeing Denise so happy and thankful when receiving that showering of love through your donated gifts makes all our difficult days...worth it!

We were able to spread so much love and hope to our clients, which included those outside of our walls. Your generosity meant we could give to those at a local maternity home and the York Youth Development Center, where we go weekly to teach them about sexual integrity.

We are encouraged by Psalm 100:5, which says, “For the Lord is good. His unending love continues forever, and His faithfulness continues to each generation.” Thank you to all those who blessed our clients this Christmas through our Adopt-A-Client program and gave us donations for our client gift boxes!

CONNECT

Did you know HLS communicates weekly on Social Media? Learn interesting facts, find information on upcoming events, needs and find inspiration! Find us @ [facebook.com/humanlifeservices](https://www.facebook.com/humanlifeservices) and @ [instagram.com/friendsofhls](https://www.instagram.com/friendsofhls).

