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Human Life
SERVICES

*Let Your
Light Shine.*

Matthew 5:16



From the desk of
Leona Rega
 Executive Director



When I am in devotions, I enjoy scripture spoken directly by Jesus. I can close my eyes and hear His voice speaking directly to me. In context, these words were spoken two thousand years ago, yet I feel as if he were standing in front of me. In Matthew chapters 4 and 5, I reflect on how the devil tried tempting Jesus in mockery. Jesus did not falter and continually, out loud, referred to God and His Word. Jesus continued moving among the people of Galilee and drew together the first disciples! Do you have the same image as me, the devil in defeat, angry, and hurling rocks?

Human Life Services is a ministry for God and the child in the womb. We disciple clients using the word of God and the devil is not happy! He seeks ways to devour us using situations which can tempt us to question our ministry effectiveness and wonder if we are doing enough. Finding

ourselves under worldly scrutiny, we take measures to ensure we follow the highest of medical and ethical standards in servicing women and men through an unplanned pregnancy. We keep our eyes set upon God and His word. We know life begins at conception as cells begin dividing. We know God has a plan for every life. We know God has placed us here to advocate and preserve the very precious gift of life he has created.

It is in this truth you find us working harder to shine our light brighter and glorify the Father. Every life born through the outreach of our services is another lasting testimony of what God can do in times of great despair, loneliness, and feelings of inadequacy. Showing love and empathy over these situations brings a new day filled with hope and love for individuals thankful they found our doors and made a decision for life.

As we continue to disciple, pray fervently for our protection and outreach. How can we shine our light bright enough for more to see? How can we be the first place sought by those who may be facing an unplanned pregnancy and not certain they will choose life?

You can help us by sharing our services. Talk about HLS to your family and friends so much that we become a household name. If you receive our newsletter and/or emails, forward them to someone and strike up a conversation about this magnificent organization you know which helps women and men who are unsure if they are ready to parent a child. Like and follow our social media pages and share our ministry. Pick up brochures listing our services and place them in your doctor's office lobby, church, or other visible lobby. Ask for a window cling to attach to your vehicle. Call and ask for magnets and place them on the inside of bathroom doors at parks, malls, movie theaters, and even bar rooms — anywhere a potential new client may see them.

This year the theme of our Banquet is *"Let Your Light Shine."* I invite you to join us! Together we honor God by shining so brightly before men that they will see our good works and glorify our heavenly Father. Just like Jesus did!
Matthew 5:16



PRAYER GROUP



Colossians 4:2-4

Prayer is one of the most powerful ways you can support HLS. Would you like to take part in a formal virtual prayer time for us? Join us monthly. Two different times available to accommodate schedules.

- 1:00pm first Tuesday or 7:00pm third Tuesday

To learn more and receive a link to participate, contact Bob Siefert, rbsiefert@comcast.net.



MARCH FOR LIFE

PA MARCH FOR LIFE

October 16, 2023 @ 12pm,
 State Capital, Harrisburg



Give Local York Final Figures! Stretch Pool Tabulated!

All glory to God ... we are so grateful for His provision and sustaining power of our organization! Our final 2023 give Local York total, including the Stretch Pool donations, comes to a record breaking

\$125,107.26!!

We met our goal thanks to your generosity!

HEARTBEAT is published by Human Life Services, Inc., a private, non-profit organization. Human Life Services is an affiliate of NIFLA and Heartbeat International. Comments, letters, and donations are always welcome. To read past issues of our newsletter, please visit our website at www.FriendsofHLS.org and click on "Newsletters."

MISSION STATEMENT

Human Life Services is a life-affirming, Christ-centered pregnancy care organization, serving York through medical services, peer counseling, education, and community referrals.

www.FriendsofHLS.org



Please visit our website for more information or to make a donation.

Client Corner

Danielle Besecker
Client Services Manager



This is always a busy time of the year as our team prepares for Christmas! We have many clients with tremendous needs. They come into our center weekly, and we want to make sure we are blessing them to the best of our ability. This year our Christmas theme is Angels! In Luke 2:10 the angel brought them good news that would bring great joy. Isn't this what we do every day at HLS? Daily we try to spread this good news to our clients and show them the joy that Christ gives. Right now, we have a maternity house bringing young ladies at various times during the week for

classes. We praise God for these connections in the community and for the relationships we are able to build. Clair, who is a very young mother-to-be, is a weekly client from this maternity home. She thrives at learning how God has designed her body to change through pregnancy, why she has the emotions she is feeling, and how her baby is constantly growing. Each week her boyfriend, James, meets her here to be a part of the learning process. He loves that he is able to have this connection with his child through learning what Clair is going through. During these sessions they switch between "Pregnancy & Birth" classes to "Being a Father" classes so together they can learn to parent alongside of each other. On their initial paperwork, they marked that they don't believe in God, but weekly have enjoyed prayer time, learning some of the spiritual applications that go along with their lessons. They have even asked for prayer for family members! This couple is working hard to be good providers for their child. It may not be easy, as Clair will have to attend cyber schooling in the Fall, but she is doing all she can to provide a stable home for their baby. The maternity home does provide childcare so that Clair can go to work in the evenings, and they drive her there until she is able to drive on her own. Praise God for the clients He brings to our doors who need us in various ways! Please pray that we can show our clients this Joy that He gives and continue to spread the Good News this Christmas season! Thank you for being willing to be a part of our clients' lives and show them God's love! They come from so many backgrounds and have such great needs. Please consider helping them this Christmas season... They need you!

Client Needs:

Immediate **NEW** Items Needed:

- Preemie and Size 5 diapers
- Dreft or other baby detergent
- Toys for toddlers (Ages 12 months to 3T)
- Fall outfits- both boys and girls sizes, up to 4T

You can access our full Needs List as well as our Walmart and Amazon Wish Lists through our website at www.FriendsofHLS.org. Go to the "Get Involved" tab, then select "Material Donations." It can be as simple as shipping the items directly to HLS.

Volunteer Needs:

- Female and male client advocates
- Monday morning front desk (9-11) and boutique helper (11-1)
- Teams to assist with building projects

For more information, email danielleb@humanliveservices.org.

**Thank you
for your
support!**



PRAY FOR:

- Our new clients to keep their initial appointments so we can minister to their need.
- Our Sexually Transmitted Infection (STI) program that just started and the clients it will bring into our center.
- Our efforts to reach out into the community and that opportunities will open up for us.
- Opportunities to share the message of salvation to all our clients.
- The training process for new client advocates and our growing wait list of Care Program clients.

STI/STD TESTING



In a vital step towards healthier lives, we have added Sexually Transmitted Infection testing to our list of services available to our many clients. STI testing is an essential first step to ensure that dad, mom, and baby are protected from preventable complications. STI/STD testing provides a new connection to the York community by helping men and women with their reproductive health while learning about all of our services.

Bringing beauty from ashes...

Surrendering the Secret

Have an abortion in your past?
You're invited to join our free
post-abortion recovery class.

*100% compassion
0% judgment*

Our fall class will meet Thursday
evenings beginning Sept. 21st

For more information or to enroll,
call Danielle at 717-846-2384

2023 Golf for Life Tournament



The Lord blessed our 11th Annual Golf For Life Tournament on Tuesday, June 27th! The “Son” shined on us at Heritage Hills Golf Resort. 136 Golfers enjoyed putting contests and bucket golf before hitting the course at noon on a shotgun start. Because of our sponsors and participating golfers, Human Life Services continues to support men and women facing an unplanned pregnancy, seeking parenting and materials support, and for some, post abortion healing. Together we are accomplishing what God has called us to do in the York community. We are protecting, defending, and affirming life!

Our deepest appreciation goes to the following sponsors:

The W. Dale Brougner Foundation – Title Sponsor

Heritage Lawn & Landscape Care, Inc. – Presenting Sponsor

S & H Express – Presenting Sponsor

Trinity Law – Presenting Sponsor

York Ag – Shirt Sponsor, Ace Sponsor, Golf ball Sponsor and Skills Challenge Sponsor

THANK YOU TO ALL OF OUR 2023 SPONSORS!!

ACE SPONSORS

DRS Printing Services, Inc.
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BUSINESS ON THE TEE

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HOLE-IN-ONE SPONSOR

Gayle K. Sanders Realtor, Berkshire Hathaway

DRIVING RANGE SPONSORS

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NTI Group Insurance Solutions
Threefold Janitorial

SKILLS CHALLENGE SPONSORS

Berkebile Homes
Enhanced Chiropractic Care
JLE Consultants, Inc.
Sandler & Boyer Mechanical, Inc.

BEAT THE PRO SPONSORS

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HOLE SPONSORS

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Miller Plant Farm
One Way Janitorial, Inc.

K.D. Rosengrant Building & Remodeling

Rev. Fred Walthour
West York Street Karz
Wheatlyn Eye Care
York Eye Associates

Special thanks to the following individuals and businesses for their

2023 Golf for Life Donations:

Covenant Insurance
Giant Food Stores
Jimmy John's
Martin's Potato Chips, Inc.
Daphne Repanshek
Rita's Italian Ice, North York
Don & Gayle Sanders
Weis Markets

Special thanks to our 2023 Ambassadors:

Jonathan Burke
Linda Chronister
Frank Collins
Michelle Conley
Pat Cosden
David Crowe
Maggie Crowe
Joann Cuthbert
John Ellis
Sue Forsythe
Lorraine Greco
Lauren Hassinger
Paris Hoffman
Angie Irwin
Tori Kauffman
Sharon Kruzinski
John Luxton
Tammy McClintock
Shanon Rega
Daphne Repanshek
Trena Ruhs
Don Sanders
Gayle Sanders
Bob Seiffert
Jenny Taylor
Upper Room Missionary Group
Grace Van Dyke
Patience Van Dyke
Darrell Williams
Lindi Williams
Wayne Williams

As always, our special thanks to Total Golf, Duff & Sue Forsythe, for all their guidance, support, and expertise! We could not host this event without them!

We are very grateful for the help of our volunteers who helped out leading up to the event, the day of the event, and cleanup afterwards. We couldn't do this without their help!

Silent Auction Recap



HLS's very first Online Silent Auction exceeded our expectations! With 49 incredible items up for bid we raised **\$5,170** to directly support our clients! Thank you to all who helped to organize the auction and for the dozens who donated items. Many served tirelessly behind the scenes to help make the auction a success. All glory to God!

Save the date now: Tuesday, June 25, 2024 and join the fun next year!

Volunteer Spotlight

Michelle Conley



Meet Michelle Conley. She has been a volunteer for Human Life Services for over four years. We are blessed through the talents God has given her. We thank Michelle and all the volunteers like her who *shine their light* for Christ through the ministry of Human Life Services.

“Being the hands and feet of Jesus means that Christ’s followers are obedient in their commission to preach the gospel and co-labor with Christ to love, serve, and heal the broken, hurting, and hopeless of this world. This is a good description of the ministry of HLS.

Not only do they stand on the front line to defend and save the lives of babies but the mothers and fathers are also rescued. I appreciate the practical ways HLS shows Christ’s love to the community. Whether it be testing, counseling, educating or providing the essentials a parent needs for raising a baby, all of the services are free of charge. Choosing to be a volunteer was an easy decision to make when I realized how many people are needed to accomplish these acts of love. I encourage you to call the HLS office today and see how you can help. There are a variety of areas in which you can serve.” ~ Michelle

Annual Fall Fundraising Banquet

Where: Out Door Country Club
1157 Detwiler Drive
York, PA 17404

When: Friday, October 6, 2023
6:00 p.m. – Doors open
6:30 p.m. – Prayer and Dinner



Join us as we SHINE our light for the unborn child! Hear how God is working in the York community through HLS. Seating is limited, so don’t wait! **RSVP by Tuesday, September 19th.**

Keynote Speaker: Dr. Marc Newman

Founder and president of Speaker For Life. He has spoken at nearly every major pro-life convention in the nation.

He is the former Director of Speech and Debate at the University of California at Irvine, and currently teaches in the doctoral program in the School of Communication and the Arts at Regent University. He has appeared on *The O’Reilly Factor*, and in *Time* magazine. His articles appear on *The Christian Post*, *Catholic Exchange*, and on hundreds of other websites. He lives in Tennessee with his wife, Sharon.

To learn more visit our website at www.FriendsofHLS.org and click on “Events.”

To sponsor a table, you may also email: hls@humanlifeservices.org, text or call: 717-854-7615.

All are welcome!

Did You Know?

Have you heard of Pregnancy Glow and wondered if it was a myth or fact? A woman with a child in the womb experiences an increase in blood volume during pregnancy. The extra blood is sent to the uterus and organs; in particular, the kidneys. More blood is brought to the blood vessels and there is an increase in oil gland secretion, therefore, “pregnancy glow” occurs.



Help spread our message!

We need your help growing our social media presence.

- Follow us on both Facebook & Instagram!
FB: @humanlifeservices IG: @friendsofhls
- Share our posts on your newsfeed so more people can see them!
- Invite your friends to like our pages!
- Like/comment on our posts for engagement!
- Email Office@humanlifeservices.org to be added to our Prayer Flare email list!

Want to support our Sexual Integrity Ministry? We’re seeking donations of **teen study Bibles, adult coloring books, mechanical colored pencils, and individually wrapped candy** for our class at a local youth center.

An Angel Client Christmas!

But the angel said to them, “Do not be afraid. I bring you good news that will cause great joy for all the people. Today in the town of David a Savior has been born to you; he is the Messiah, the Lord.

Luke 2:10-11



Help us shower our clients with gifts this Christmas!

OPTION 1: Client Christmas Boxes – Items are needed by November 27th

Every client will receive an **angel-themed** gift box for Christmas.

You can help us fill them by donating some of the items below.

In lieu of items, we will gladly accept a financial donation in any amount.

- 1 – 50-Pack of Large White Organza Gift Bags (*Amazon*)
- 2 – 12-Packs of Michael’s Celebrate It! Cookie Decorating Sets (*Walmart*)
- 10 – Bags of Milky Way Fun-Size Candy Bars
- 25 – “*The Berenstain Bears and the Christmas Angel*” Books (*Amazon/Walmart*)
- 25 – Boxes of Betty Crocker Angel Food Confetti Cake Mix
- 25 – Angel-Shaped Fidget Bubble Poppers (*Amazon*)
- 25 – 4-Packs of Angel Soft Toilet Paper
- 25 – Veggie Tales “The Best Christmas Gift” DVDs (*Amazon/Walmart*)
- 25 – 45-oz. Jars of Prego Traditional Spaghetti Sauce
- 25 – Angel Cookie Cutters (*Amazon*)
- 50 – Pouches Betty Crocker Sugar Cookie Mix
- 50 – 16-oz. Boxes of Name-Brand Angel Hair Pasta (Barilla, San Giorgio, etc.)
- Plus...Giant Gift Cards – any amount (for some items HLS will purchase closer to Christmas (fruits, etc.)*



Walmart



Amazon

Please purchase the *exact* items listed above (not generics) to ensure that all clients receive the same high-quality gifts. To purchase the *Amazon* or *Walmart* items, use the QR codes to view our wish lists and purchase online. (NOTE: You’ll have to log out of your own Walmart account to see our wish list.)

OPTION 2: Adopt-a-Client Program – Sign up required by November 3rd

Through this program, individuals, families, and churches may “adopt” a client and bless them and their children with Christmas gifts! Tell us what size family you’d like to adopt, and we’ll pair you with a client in our Care Program. We’ll provide you with the age, gender, and wish list of each family member, then you get to do the fun part—the shopping spree!

Please wrap and label each gift with the recipient’s name.

Adopt-a-Client gifts must be returned to HLS by December 8th.

*For both options above, all donated items and gifts must be **NEW**.
For more info or to sign up, please call Amy or Lisa at 717-854-7615.*